





# Annual Report Building moments worth celebrating

## Building Moments Worth Celebrating

A Letter from Our Executive Director & Board President

"The more you praise and celebrate your life, The more there is in life to celebrate." ~ Oprah Winfrey

Dear Friends and Supporters,

2022 was a milestone year for us, brimming with significant accomplishments and a dash of flair that made it truly unforgettable. Our virtual conference was a hit! Attendees, speakers, and sponsors showered us with praise for our engaging topics and seamless presentations. Discussions flowed, minds were enlightened, and it was an absolute triumph.

But let's talk about Blazing Trails – our Omaha event was a fantastic showcase of spirit and support from the Omaha Metro community. Meanwhile, our rock stars from North Platte took things up a notch with a horse ranch adventure that had everyone grinning ear to ear. Kudos to MenDi and Shir for making it a hoot with their kiddos!

Plotting our strategic moves in Lincoln was like orchestrating a symphony. A full day of brainstorming left us exhausted, invigorated, and brimming with plans fueled by our collective passion for the cause. Witnessing the room buzzing with action was a testament to our shared commitment.

Our new Peer Mentorship Program is the crown jewel of our year, fostering connections between brain injury warriors to navigate challenges together. Plus, our partnership with Douglas County Youth Corrections is groundbreaking, broadening our scope to support high-risk populations.

2022 saw our training sessions reaching fever pitch, breaking records like a boss! Our Resource Facilitation team was on fire, powering our outreach initiatives to soaring heights.

Your steadfast support has been the bedrock of our success, and we're geared up for the journey ahead. As we dive into new adventures, your partnership remains the driving force behind our unwavering commitment to the brain injury community in Nebraska.

With heartfelt thanks,

Mall Mussell

Mark Russell Board President

Peggy Reisher, MSW Executive Director

"People overcoming the odds is actually a really important part of humanity, and I don't think we kind of get to celebrate that as much as we should."

~ Taika Waititi

#### **Board of Directors**

#### Officers

**President** Mark Russell, SHRM-CP, Waverly

*President-Elect* Tami Soper, Lincoln

*Past President* Mark Jones, Ph.D., Omaha

*Treasurer* Mikaela Davis, CPA. Lincoln

*Secretary* Brett Young, Elkhorn

#### Members at Large

George Achola, J.D., Omaha

Penny Costello, Lincoln

Denise Gehringer, Papillion

Michelle Hawley-Grieser, Lincoln

Brett Hoogeveen, Omaha

Betsy Raymer, RN, BSN, Stuart

Sharon Royers, M.A., Omaha

Charles Taylon, M.D., Omaha

Kay Wenzl, M.P.A., Lincoln

Joshua Winkelmann, Lincoln

#### Brain Injury Alliance of Nebraska Staff

#### **Administrative Staff**

Peggy Reisher, MSW Executive Director

Paula Dodds, MBA Director of Operations

Brittney Lippincott Marketing and Special Events Coordinator

#### **Resource Facilitation Staff**

Anna Cole Resource Facilitator, Special Projects

Chris Stewart Resource Facilitator, Omaha Metropolitan Area and Northeast Nebraska Region

Gina Simanek, MA, LMHP Resource Facilitator, Lincoln Metropolitan Area and Southeast Nebraska Region

Brenda Horner Resource Facilitator, Central Nebraska Region

MenDi McCuiston Resource Facilitator, Western Nebraska Region

Shir Smith Resource Facilitator, Western Nebraska Region

## Our Impact (By the Numbers)

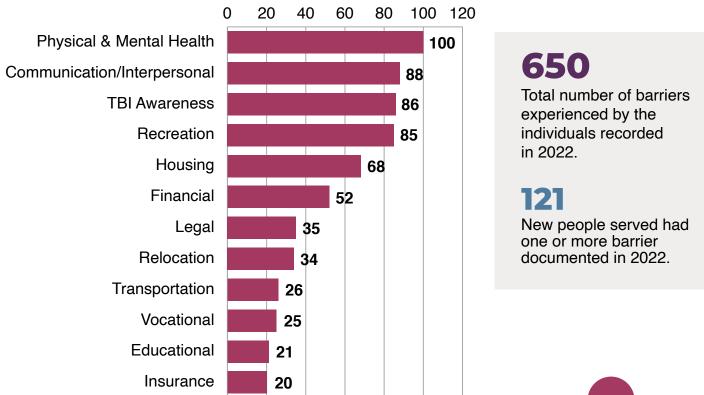
**357** Total individuals served in 2022.

120237Existing cases.New people served.

## **31 years old**

Most common age of people served from 338 records (with age listed) in 2022.

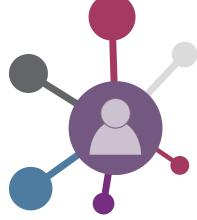
## Common Barriers Experienced in 2022 (Number of Times Recorded)



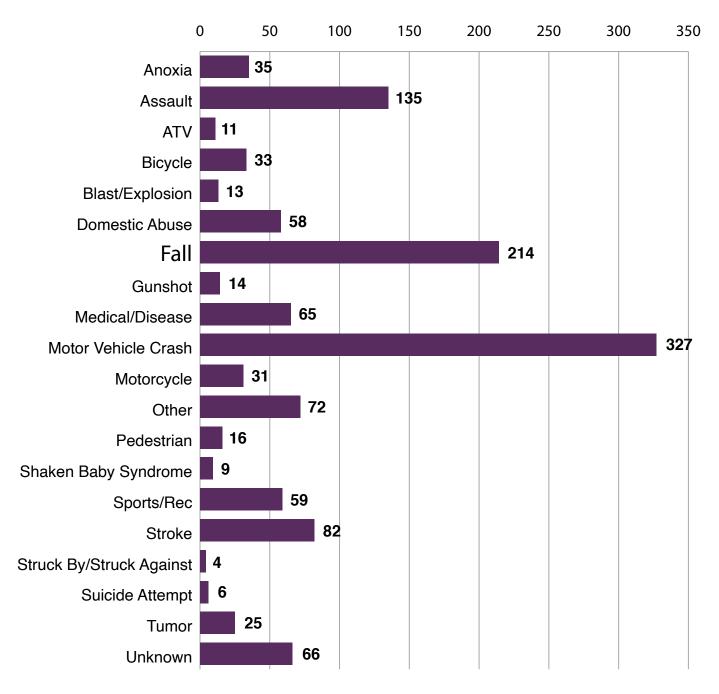
**602** Total number of referrals provided to 125 individuals.

### **Most Common Referrals**

Brain Injury Basics (15%) Neuro Resources (13%) Support Groups (11%)



### Common Causes of Injury 2009 - Present (Number of Times Recorded)





## 566

Brain injury screenings recorded among **12 partner agencies** from July - December 2022.

## Jeremy's Journey

## A story of contagious positivity in the face of challenges

Have you ever met someone whose positive attitude was so contagious that you couldn't help but smile and notice a new bounce in your step after spending time with them? One such person is Jeremy Wolzen.

In 2022, our organization visited QLI and I had the opportunity to meet Jeremy. Jeremy is no stranger to many of our team members. He does lots of volunteer work with the BIA-NE and he is a huge supporter of our Blazing Trails event. During a tour of the facility, Jeremy welcomed us into his room to show us the projects he was working on and to share his journey with us.

Jeremy was in a car accident 20 years ago that changed his life, and quite possibly for the better.

Before the accident, Jeremy took a job working construction soon after he graduated high school in which he learned how things were made. After a couple of years in the workforce, he decided to give college a try, but a summer opportunity took him in a different direction-diesel mechanics. Working as



(Above:) Jeremy Wolzen

a diesel mechanic was rewarding, but after a couple years, he found himself pulled back into the construction world. There, he performed construction management as part of a risk management team to ensure the building plans were being followed by the contractors.

Jeremy was living his best life and enjoying the money he was making-when things took a drastic turn.

After the accident, Jeremy spent 84 days in a coma and four months in Madonna recovering and struggling with the idea that he might never walk again. Jeremy's family played a big part in his recovery and helped him to stay positive despite the struggles he was facing to regain his mobility.

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Jeremy expressed his appreciation towards his family, saying that they are a close-knit family, and that he would not be where he is if it were not for them. Their support encouraged him to find his faith, which has helped him with his positive mindset and has given him a method to his "madness." Jeremy explained to me that he keeps his mind busy, so it doesn't wander into negative thinking. "Your life is always what you make it," and if you give him lemons, he is going to make the best lemonade possible.

With the encouragement and support of his family and his positive mindset, Jeremy learned how to transition from a wheelchair to a bed to a chair, then also into an automobile seat. Therapy continued moving forward and Jeremy began to walk. He was still a bit unsteady and as much as he wanted to regain his independence, he still needed support for walking. After a fall one night, he was placed in a net bed, so he didn't get up without assistance and fall again, but he was mobile without a wheelchair, something he was told was beyond his reach.

Jeremy transitioned to QLI, where he now lives.

Jeremy now spends his days volunteering at Immanuel hospital doing dishes, working out and spending time in the gym, participating in a cross-fit class that has been adapted at QLI for individual abilities, attending church and bible study, and riding his bike when the weather permits. Jeremy might not drive a car again, at least not in the city, but he enjoys his life and likes the person he has become.

Jeremy's family has put together a photo album that shows his recovery process from the beginning, he has come a long way and is proud of the progress he has made. Looking at the pictures, you can see the determination on his face, it's no surprise he has overcome his obstacles and is living his best life.

What an amazing example of positivity and courage!



(Above:) Jeremy Wolzen holding the flag for the National Anthem at the 2021 Blazing Trails for Brain Injury event.

## Finances

### **Financial Position**

#### **Current Assets**

### **Financial Activities**

#### **Revenues & Support**

Cash & Cash Equivalents	\$ 699,550.00	Contributions	\$ 130,104.00
Grants & Pledges Receivable	\$ 165,815.00	Grants	\$ 406,989.00
Prepaid Expenses	\$ 18,180.00	Fundraising Events	\$ 24,084.00
Restricted Cash & Cash	\$ 134,807.00	Conference & Training Fees	\$ 18,520.00
Equivalents	φ 104,007.00	Decrease/Increase in Investments	\$ (12,398.00)
Other Assets	\$ 85,599.00	Miscellaneous Revenue	\$ 902.00
Total Current Assets	\$ 1,103,951.00	Total Revenue & Support	\$ 568,201.00
Current Liabilities		Net Assets Released from	
Accounts Payable	\$ 13,437.00	Restrictions	\$ 566,957.00
Other Accrued Expenses	\$ 7,788.00	Expenses	
Total Current Liabilities	\$ 21,225.00	Program	\$ 745,267.00
Net Assets		Management	\$ 19,534.00
		Fundraising	\$ 17,432.00
Unrestricted Net Assets	\$ 842,601.00		
Restricted Net Assets	\$ 240,125.00	Total Expenses	\$ 782,233.00
Total Net Assets	\$ 1,082,726.00	Increase in Unrestricted Assets	\$ 352,925.00
Total Liabilities & Net Assets	\$ 1,103,951.00	<b>Restricted Net Assets</b>	
		Grants & Contributions	\$ 550,000.00
		Conference	\$ 8,000.00
		Net Assets Released From Restrictions	\$ (566,957.00)
		2021 Year Summary	
		Decrease In Restricted Assets	\$ 8,957.00
		Total Increase In Net Assets	\$ 343,968.00

Net Assets at Beginning of 2022	\$ 738,758.00
Net Assets at End of 2022	\$ 1,082,726.00

## **Financial Supporters**

### **Corporations, Foundations, & Sponsors**

Advanced Chiropractic & Neurology Atwood, Holsten, Brown, Deaver, Spier, & Israel Law Firm Berkshire & Burmeister Attorneys At Law Cada, Cada & Jewson Dowding, Dowding, Dowding & Urbom Law Offices Fraser Stryker PC LLO **FYZICAL** Therapy & Balance Centers Gallner & Pattermann, P.C. Healthy Blue Nebraska LivaNova Millard Lumber Inc. Nebraska Medicine Prentiss Grant LLC Ranshir Revolving Door Rescue Rembolt Ludtke LLP Rotella's Italian Bakery Union Bank & Trust - Lincoln Nebraska Medicine Northpoint Nebraska United Healthcare **Debby Durham Family Foundation Dillon Foundation** Irene & Joseph Malek Charitable Trust Judith Anne Hansen Trust The Acklie Charitable Foundation

Vetter Senior Living Weatherguard Roofing Blackbaud Giving Fund, YourCause CAF America First Northeast Bank of Nebraska First Presbyterian Church J&S Feedlot Kroaer Lifestyle Orthotics & Prosthetics **Mission Lifeline Stroke** Pfizer Phrma U2CanRun, LLC Werner Enterprises, Inc. Healthy Blue Nebraska CHI Health - St. Elizabeth / Nebraska Heart CHI Immanuel Rehab Institute / Wellness Center Madonna Rehabilitation Hospitals - Lincoln

#### Donors

#### \$6,000 - \$3,000

Michelle Hawley-Grieser Tom & Peggy Reisher

#### \$2,999 - \$1,000

James Brady Mark & Paula Jones Sharon Royers Charles Taylon, M.D.

#### \$999 - \$500

Jim Cada Betsy Raymer Alan C. Schwartz Rolland Svec Brett Young

#### \$499 - \$200

Mikaela Davis Kathryn Friedman Brett Hoogeveen Dr. Adam Kafka Rondi Kinney Susan Lewis James Lippincott James & Colleen Peterson Vince Powers Tait Rief Tom & Brenda Rief John & Carol Smolsky

#### \$199 - \$100

Patrick Brennan Colleen Duryea Brian & Lori Essen Matthew & Brittany Jensen Janet McCartney Jodi Reese Carol Russell Teresa Smith Paul Strawhecker Justin Suhn Dale & Lana Timperley David Troupe

#### \$99 - \$50

Randy Amundson Denise Gehringer Rage Geringer Barry Harper Kathy Hoell Patricia Huguenin MenDi McCuiston Pamela Nicholson Rebecca Adams VandenBosch Kenneth Young

#### \$49 - \$25

Doug Hartmann John & Cara Hilgert Richard Larson Shirlene Smith LJ Taylor

## Thank you for your generous support!

Your continued support helps us build support networks for individuals and families across the state of Nebraska who've been affected by brain injury.

We are grateful for your support and help in building a better future for brain injury in Nebraska.

## Recognizing Extraordinary Impact

Each year at the annual Nebraska Brain Injury Conference, we take some time during the luncheon on Thursday to recognize and honor individuals who've had an extraordinary impact on the brain injury community.

In 2022, we honored the following individuals for their dedicated support of the brain injury community in Nebraska.

## Chris Krull - Professional Advocate of the Year



In his work as a physical therapist in North Platte, Dr. Krull had been well trained to treat patients using the treatment philosophy of postural restoration. Over the years, Dr. Krull began to notice individuals with a history of brain injury would often revert to their old patterns.

Dr. Krull has taken it upon himself to learn more about the unique needs of those with brain injury and has become a true advocate and a well-sought-out professional when it comes to serving individuals with brain injury in the community.

We thank Chris for his dedication and leadership in improving the lives of those with brain injury in Nebraska.

## Jordan Hallstrom & Joy Lewis - Above & Beyond Award

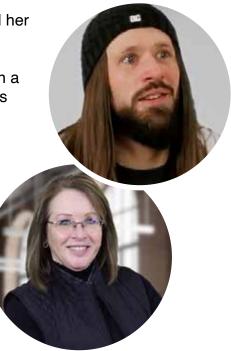
The Brain Injury Alliance of Nebraska is proud to honor Joy Lewis and her son Jordan Hallstrom with the "Above and Beyond Award."

At age 18, Jordan was involved in a motor vehicle accident resulting in a traumatic brain injury. Jordan found himself becoming isolated after his injury. Joy struggled to support her son without hovering.

With the inspiration from Jordan, Joy has dedicated years to the development of LB Connect. LB Connect is a phone app that can help individuals in achieving their goals, maintaining their routines, and connections to others.

The time, the thought, and the passion Joy and Jordan have invested in this app is truly "Above and Beyond."

We thank Jordan and Joy for their dedication and innovation to improving the lives of those with brain injury in Nebraska.





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### Mission

Create a better future for all Nebraskans through brain injury prevention, education, advocacy and support.